

Survival Kit and Stockpile

Survival Kit

This is a kit with all the essentials that you can grab quickly in the event of an emergency.

Valuables <ul style="list-style-type: none"><input type="checkbox"/> Passport<input type="checkbox"/> Residence card<input type="checkbox"/> Cash<input type="checkbox"/> Health insurance card<input type="checkbox"/> Driver's license<input type="checkbox"/> Bank book<input type="checkbox"/> Name stamp (hanko or inkan)<input type="checkbox"/> Copies of passport, etc	Emergency Food <ul style="list-style-type: none"><input type="checkbox"/> Bottled water<input type="checkbox"/> Canned food<input type="checkbox"/> Nutritional supplements<input type="checkbox"/> Dried food<input type="checkbox"/> Dry biscuits<input type="checkbox"/> Disposable forks, chopsticks, knives, and spoons<input type="checkbox"/> Manual can opener	Lighting <ul style="list-style-type: none"><input type="checkbox"/> Flashlight<input type="checkbox"/> Standby battery<input type="checkbox"/> Matches, candles
Medical Items <ul style="list-style-type: none"><input type="checkbox"/> Latex gloves<input type="checkbox"/> Bandages<input type="checkbox"/> Burn ointment<input type="checkbox"/> Antibiotic ointment<input type="checkbox"/> Disinfectant<input type="checkbox"/> Prescription medicine<input type="checkbox"/> Sanitary items if necessary<input type="checkbox"/> Pain medication<input type="checkbox"/> Thermometer<input type="checkbox"/> Scissors, tweezers<input type="checkbox"/> Breathing mask	Everyday Items <ul style="list-style-type: none"><input type="checkbox"/> Underwear<input type="checkbox"/> Change of clothes<input type="checkbox"/> Thick cotton gloves<input type="checkbox"/> Warm layers, hat<input type="checkbox"/> Towels<input type="checkbox"/> Rainwear<input type="checkbox"/> Lighter<input type="checkbox"/> Plastic bags<input type="checkbox"/> Battery/solar-powered phone charger	Radio Equipment <ul style="list-style-type: none"><input type="checkbox"/> Portable radio (preferable hand-powered)<input type="checkbox"/> Standby battery<input type="checkbox"/> List of available stations
		For Babies and Young Children <ul style="list-style-type: none"><input type="checkbox"/> Diapers<input type="checkbox"/> Powdered milk, formula<input type="checkbox"/> Baby bottle<input type="checkbox"/> Change of clothes<input type="checkbox"/> Warm layers, hat<input type="checkbox"/> A favorite toy or blanket
		Items for Warmth <ul style="list-style-type: none"><input type="checkbox"/> Long underwear<input type="checkbox"/> Heavy coat, hat<input type="checkbox"/> Thick socks and gloves

Stockpile

Should it be necessary to stay within your own home for a few days, you will need supplies to survive. These can be placed inside a closet or in a corner. Food and water should be stockpiled for three days per person.

<input type="checkbox"/> Bottled water	<input type="checkbox"/> Change of socks, underwear
<input type="checkbox"/> Food	<input type="checkbox"/> Sturdy boots
<input type="checkbox"/> Disposable forks, chopsticks, knives, spoons	<input type="checkbox"/> Breathing masks
<input type="checkbox"/> Blankets	<input type="checkbox"/> Cloth-backed tape
<input type="checkbox"/> Plastic sheet	<input type="checkbox"/> Rope
<input type="checkbox"/> Plastic containers	<input type="checkbox"/> Disposable heat pads
<input type="checkbox"/> Table top cooking stove with gas canisters	<input type="checkbox"/> Pots and pans
<input type="checkbox"/> Garbage bags and plastic ties for personal sanitation	

Write down the location of the nearest evacuation point, and post this page in your home.