



To Residents of Iwate Prefecture



State of Emergency Measures have been extended (May 7 – 31, 2020) to prevent the spread of the Novel Coronavirus

1 Request for facilities closure will not be extended

We have decided **not to extend our "request to cooperate with closures"** that were implemented to prevent the spread of the virus in facilities and businesses that provide in-person services through April 25 (Sat) to May 6 (Wed), **based on the virus situation within our prefecture and the Basic Policies for Prevention and Control of the Novel Coronavirus in Iwate (Revised May 5, 2020).**

2 Request for continuing basic prevention measures



●Refrain from traveling between prefectures

Please refrain from non-essential and non-urgent travel and outings such as traveling to home, to other regions, or between prefectures to prevent the spread of the virus. For those who are coming and returning from special alert prefectures to Iwate, please respect the isolation requests of your prefectures, and take appropriate measures for two weeks after arriving.

●Avoid restaurants or businesses that provide in-person services in downtown and shopping district areas.

Regardless of age and other factors, we ask residents to avoid restaurants or businesses that provide in-person services in downtown and shopping district areas, where multiple cluster cases have been reported in other prefectures.

●Take thorough measures in preventing the spread of the virus at facilities

For owners or management of facilities, we ask that each facility implement thorough measures to prevent infection, such as limiting the number of people, providing hand disinfectants or hand-washing opportunities, requiring face masks, avoiding the "3 Cs", adequate ventilation, social distancing measures, and etc.

●Encourage work-from-home measures, etc. to reduce risk of infection at work places

We encourage businesses to take measures such as implementing a work-from-home (telework) system, staggered work hours, avoiding public transportation by commuting by bicycle to reduce the number of contact with others as much as possible. As for work locations, we also ask to take measures in avoiding the "3 Cs" to thoroughly reduce the risk of infection.

3 Adopt "new social behaviors"


As we must prepare for the long-haul in responding to the novel coronavirus, we encourage residents to adopt new "social behaviors" outlined below to help prevent the spread of infection.

- 1) Basic preventive measures from every individual (in daily life, when traveling, etc.)
- 2) Basic social behaviors regarding daily life (avoiding "3 Cs", hand-washing, face masks, etc.)
- 3) Social behaviors depending on various scenes (online shopping, avoiding public transport or recreational parks during peak times, use of delivery service, etc.)
- 4) New work styles (rotating shift hours, online meetings, etc.)

4 Please support medical or essential service workers

We urge residents to **provide moral support and express gratitude** to those working in the **medical field, not only attending to patients of the novel coronavirus but also patients with other health issues** and, in addition, to **those working in other essential services to maintain daily life for all Iwate residents**, such as in critical infrastructure, logistics, childcare, social welfare for the elderly and people with disabilities, etc.



Sign up for up-to-date information about the coronavirus in Iwate 
(Iwate Prefectural Personal Support for Preventing Coronavirus)



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